

HOW TO SAFEGUARD YOUR PASSWORDS



DO

Create strong secure passwords

Cr@s#Sp2\$mW:

Use a secure password manager



86%

memorize passwords



49%

write passwords on paper



90 DAYS

Change passwords regularly

2FA

Enable two-factor authentication (2FA) for added security



DON'T

Don't use easy-to-guess words

TOP 5

Most Common Passwords

123456

password

123456789

12345678

12345



Don't enter passwords on unsecured Wi-Fi!

No duplicate passwords!

39%

use same/similar passwords for most accounts

50%

of employees use the same passwords for personal and work

Don't share passwords

6

of passwords shared by the average employee