

Vitamix[®] Corporate Wellness Program App Registration

NSM employees may now receive exclusive Vitamix discounts through the Vitamix Corporate Wellness program. In addition to the special savings, all employees will also have access to a FREE wellness app. Start or reenergize your health and wellness journey with the Vitamix Corporate Wellness App.

Here are a few highlights:

Nutrition: Healthy eating tips, recipes, and digital lunch-and-learns Wellness: Articles, tips, and challenges to improve overall wellness Fitness: General tips on goal setting and the importance of a fitness plan Community: Full group discussion board and chat Deals: Spotlight deals and special discount offer

Ready to join? See the instructions below for how to get started!

To register for the Vitamix Corporate Wellness App, simply head to the **Apple app store or Google Play store**, search Vitamix Wellness and look for this icon on the right.

- 1. Select the Register button
- 2. Enter your Verification Code: CorpvitamixNSM
- 3. Enter your Email, First Name, Last Name, Password
- (you will create your own) and your Employee Number (optional).
- 4. Click Submit

You can also register via desktop. Just head to **VitamixWellness.Health** Then follow the same instructions above to create your account.

It's as simple as that. Your account will then be approved, and you can log in immediately!

- Start by clicking on the Welcome Banner for a quick tour.
- Check out the Discussion Boards and share your thoughts; we'd love to hear from you.
- Visit your Profile Page by clicking your name at the top of the screen Here you can update your profile picture and add a status update.
- Then check out the recipes, wellness tips, demos and of course your special offers.

If you have any questions or concerns, please reach out to Human Resources at: <u>hr@nsm-seating.com</u> or, Vitamix Corporate Wellness Team at <u>CorpWellness@vitamix.com</u> or 866-278-5772.





