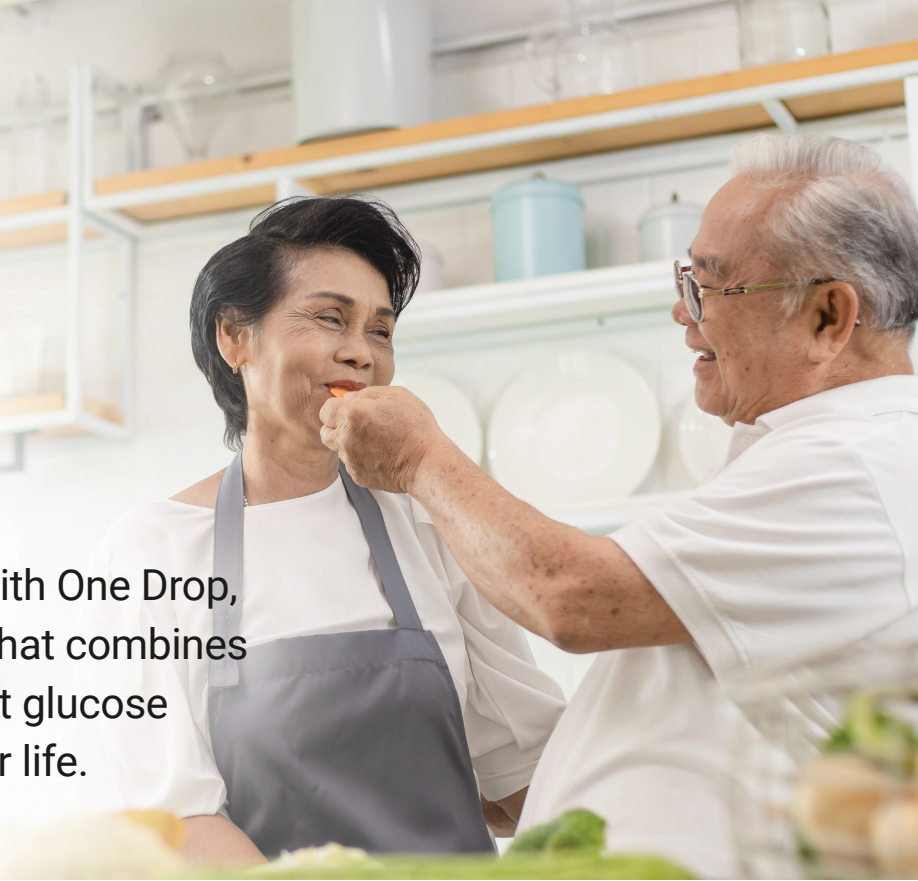


ONE  
DROP

# Take charge of your health

Reimagine your path to health with One Drop, the diabetes self-care program that combines an award-winning app and smart glucose meter to help you transform your life.



#### Find support when you need it most

Your personal coach is here to give you advice, feedback, and encouragement at every step.



#### Sync your glucose readings with your smartphone

Clinically accurate and FDA approved, your smart glucose meter automatically uploads readings to the One Drop app.



#### Know what to do next

Powered by artificial intelligence, One Drop's health forecasting and insights tell you where you're headed and give you automated advice.



#### Get a clearer picture of your health

Track your weight, A1C, medications, activity, glucose, and food right in the app. Plus, set customized goals toward a range of health milestones.

“ One Drop has changed my life. I'm more aware of what I'm doing and I'm not giving up.”

Manny C.

One Drop participant

Learn more about your new health benefit.  
Visit [joinonedrop.com/nsm-benefits](https://joinonedrop.com/nsm-benefits)

#### Questions?

1-800-437-1474 (option 1)  
[wellness@onedrop.today](mailto:wellness@onedrop.today)