

Bright Horizons - Overview

Bright Horizons Back-Up Care™ provides access to back-up care for your children, adult and elder family members during a lapse or breakdown in normal care arrangements when you need to be at work.

Benefits for Your Whole Family

When you have work, family, and personal responsibilities competing for your time, there's no need to stress. Instead, rely on **Bright Horizons®**. Explore all your benefits today and start making your life easier.

- ❖ **Back-Up Child Care:** Next time school's closed, the sitter's on vacation, or you're between child care arrangements, high-quality back-up care is just a click or call away. Register for free, and we'll secure reliable care for you when and where you need it.
- ❖ **Back-Up Adult and Elder Care:** When Mom gets injured, Dad's recovering from surgery, or the regular caregiver calls out sick, we'll arrange high-quality back-up care in their home.
- ❖ **Additional Family Supports:** Do you need a night out of the house? Are you looking for an afterschool caregiver or someone to watch your pet while you're away on vacation? Get free membership to a comprehensive database, where you can find support that meets your needs: nannies, sitters, elder caregivers, pet sitters, housekeepers, and more.
- ❖ **Full-Time Child Care:** You can jump ahead on the waitlist at select Bright Horizons centers or enjoy exclusive discounts at participating partner centers that make child care more affordable.
- ❖ **Tutoring & Test Prep:** Get discounted tutoring resources for SATs/ACTs, standardized tests, Common Core subjects, and general help for your student.

How it works:

You would need to first register for the program (It's free to register!)

- You may utilize up to a total of 5 occasions per year for child and/or adult care.
- It must be to relieve employee to be able to work when regular care is unavailable. Therefore, it must be requested during normal work hours.

Register at no cost. Access your benefit by visiting: <https://backup.brighthouse.com>

- Employer Username: **NSM**
- Password: **Benefits4You**

To learn about all your Bright Horizons benefits, please visit <https://clients.brighthouse.com/NSM>

Back up Child Care

For younger children up to 6 years of age, you can take them to a Care Center. Some centers may accommodate up to age 12. For all ages, you can have someone come into your home to provide care.

- Cost at a Care Center would be \$15 a day per child, or a maximum of \$25 a day for multiple children.
- Cost for in house care is \$6 per hour, with a minimum charge of 4 hours (or \$24.00) and if you go over 10 hours, it will count as an additional occasion. A caretaker will show up even if the person is mildly sick.

Back up Adult and Elder Care

- **Respite care** – which is perfect if your adult or elder family member's normal caregiver is not available, or if that primary caregiver needs a day outside the house.
- **Recovery care** – which is a great option if your adult or elder family member has had minor surgery and needs a caregiver for the first few days of recovery at home.

Additional Family Supports

Bright Horizons Additional Family Support can also help you with other areas of your life when you are NOT working. This does not count against your number of occasions towards backup care; you may use this even if you don't need Back up Child or Adult care!

- Babysitters and nannies for regular and weekend care (including children with special needs) and adult and elder companion caregivers — available through Sittercity
- Pet sitters, dog walkers, groomers, and more — available through Sittercity
- Elder care resources, planning, and referrals — available through Years Ahead
- Tutoring, test prep, and homework help — available through Tutoring and Test Prep
- Housekeepers — available through Sittercity

Please note this is a very high-level overview. Should you have additional questions, please feel free to browse their website or contact me for questions.

Full Time Child Care

Gain an advantage in your search for child care. Jump ahead on the waiting list at select highly desirable Bright Horizons child care centers nationwide with preferred enrollment access...and take advantage of exclusive tuition discounts (up to 10%) at participating high-quality centers across the country.

For more information and to sign up, visit: <https://clients.brighthorizons.com/nsm/Preferred-Enrollment>

Tutoring & Test Prep

When it comes to academic success, the right study habits can make a world of difference. Gain easy access to high-quality tutoring and test prep providers offering a variety of online and in-person options with exclusive discounts for Bright Horizons families. Delivered by trusted professionals, our broad range of offerings helps students succeed by boosting academic performance and reducing family stress.

Get started here: <https://clients.brighthorizons.com/nsm/Tutoring>

Questions??

Call Bright Horizons today at: (877) BH-CARES / (877-242-2737)

Download the App: Search "back-up care" in the App Store or Google Play