

ISD Employee Health Clinic



The ISD Employee Health Clinic, operated by Everside Health, serves the Independence School District, providing convenient and affordable access to health care. The Clinic offers acute care, preventive care, chronic condition management, occupational health services, and physical therapy.

Eligibility

Who is eligible to access the services at the ISD Employee Health Clinic?

- All services are available to those members who are enrolled in the District's medical insurance plan, including employees, spouses, dependents over the age of 2, and pre-Medicare retirees.
- Treatment of work-related injuries and occupational health services are available to all District employees regardless of health plan enrollment.

Benefits

What are the benefits of the ISD Employee Health Clinic?

- Cost effective, with low or no-cost appointments
- Convenient access to care
 - Extended hours
 - Little to no wait time
 - Same or next-day appointments may be available
 - Online access to medical records and appointment scheduling
- More dedicated time with a provider
- Access to Physical Therapy onsite

Location

The ISD Employee Health Clinic is conveniently located next to the ISD Wellness Center at the following address. Reserved parking is available.

Address:

**1516 W Maple Ave
Independence, MO 64050**

Hours

The ISD Employee Health Clinic is currently open the following hours and is closed on major holidays

Day	Clinic Hours	PT Hours
Monday	7 AM - 12 PM, 1 - 6 PM	7 - 11 AM
Tuesday	7 AM - 12 PM, 1 - 6 PM	1 - 5 PM
Wednesday	7 AM - 12 PM, 1 - 6 PM	7 - 11 AM
Thursday	7 AM - 12 PM, 1 - 6 PM	1 - 5 PM
Friday	7 AM - 12 PM, 1 - 6 PM	7 - 11 AM
Saturday	8 AM - 12 PM	Closed

Note: The hours of operation are subject to change. If this occurs, changes that affect the established schedule will be communicated. The website will be kept up-to-date with hours of operation: <https://bit.ly/ISDClinic>

Privacy Policy

Your privacy is critical. The ISD Employee Health Clinic is operated by a third-party, Healthstat, Inc., that abides by all federal HIPAA and confidentiality regulations.

By law, your information cannot be shared with your employer without your consent, unless you are receiving treatment for occupational health or a work related injury.

For appointments, call:
(816) 521-5316 [Press 1]

For more information, visit:

<https://bit.ly/ISDClinic>

(TIP! Bookmark this page on your device's browser)

ISD Employee Health Clinic



Services

Personal Health

Disease Management

- Anxiety / depression
- Blood pressure
- Cholesterol
- Diabetes
- And more

Lifestyle Coaching / Health Coaching

- Tobacco cessation
- Weight loss
- And more

Preventive Services

- Routine annual physical exam (ages 6+) including well-woman and well-man
- Sports physicals
- Blood pressure
- Breast exam
- Cholesterol
- Flu shot
- Pap test
- Prostate exam
- Rectal exam
- Tetanus
- Vision screening

Acute Illness

- Allergy care
- Bladder infections
- Cold, flu, etc.
- Ear infections
- Headaches
- Sinus infections
- Sore throat

Minor Injuries / Procedures

- Cuts and stitches
- Mole removals
- Muscle and joint pain
- Sprains and strains

Medication

- Prescribe medication, after thorough assessment

Care Coordination

- Coordination with outside providers
- Referral to specialists

Lab Work and Vaccinations

- Administer shots / vaccinations
- Order, conduct, interpret and consult on routine diagnostic lab work, including, but not limited to:
 - Blood sugar
 - Cholesterol
 - Complete blood count
 - COVID-19 testing
 - Flu testing
 - Pregnancy testing
 - Preventive labs
 - Strep throat testing
 - Triglycerides
 - Thyroid
 - Urinalysis
- Can complete lab draw with orders from outside provider*

**All outside lab orders should be faxed to the ISD Employee Health Clinic at (816) 252-0262 prior to your appointment to minimize your wait*

Physical Therapy

For personal health (ages 10+) and work related health

Work Related

Work Related Injury Treatment and Occupational Health Services

- Initial triage and follow up of work related injuries
- Occupational health testing

Physical Therapy

Our caring and experienced therapist will get you back doing what you love.

Physical therapy is a service that develops, maintains and restores people's maximum movement and functional ability. Common conditions that are treated include muscle strains and sprains, repetitive use trauma and a variety of orthopedic conditions for those individuals' ages 10+ who are eligible to access the ISD Employee Health Clinic.

What to Expect

Physical therapists can teach patients how to prevent or manage their condition so that they will achieve long-term health benefits. They examine each individual and develop a plan, using treatment techniques to promote the ability to move, reduce pain, restore function, and prevent disability. In addition, physical therapists work with individuals to prevent the loss of mobility before it occurs by developing fitness and wellness-oriented programs for healthier and more active lifestyles.

Types of Treatment

Treatments include, but are not limited to:

- Home exercise program development and education
- Joint and soft tissue mobilization
- Pain management
- Sports related injury rehabilitation
- Strengthening
- Surgical rehabilitation
- Referrals can be made for TMJ and pediatric physical therapy

More information can be found at <https://bit.ly/ISDClinic> on the 'Physical Therapy' page.

ISD Employee Health Clinic



Cost of Services

The ISD Employee Health Clinic will have the following cost for members enrolled in the District's medical insurance plan. We want you to be prepared that the visit fee will be collected at the time of service via a credit, debit or HSA card. For safety reasons, cash is not accepted.

Visit Fee Schedule

Medical Plan	Preventive Care	Non-Preventive Care	Physical Therapy ¹
PPO Plan	Free	Free	\$25 ²
HMO Plan	Free	Free	Free
Qualified High Deductible Plan w/ HSA ³	Free	\$25	\$25

Visit Fees

[1] BlueKC medical insurance plan visit maximums apply for physical therapy.

[2] Cost sharing aligns to BlueKC medical insurance plan amounts after deductible and out of pocket max are met.

[3] Due to IRS regulations, HSA eligible plan members must pay a minimal visit fee for non-preventive visits, including chronic care or other significant benefits. All fees apply towards deductible and out of pocket maximum. The visit fee will be re-evaluated on an annual basis.

These fees are still considerably less than you would pay for similar services at a physician office, convenience care or urgent care center.

Appointments

A few reminders about appointments:

- Appointments are required. Please schedule an appointment prior to arriving at the ISD Employee Health Clinic.
- **To ensure you and your fellow staff members have the shortest wait times and best experience possible, please schedule an appointment prior to arriving by calling (816) 521-5316 [Press 1], or online at <https://patientportal.yourhealthstat.com>.**
- The ISD Employee Health Clinic will do their best to fit you in; however, if a same day appointment is not currently available, the staff will work to get you in as quickly as possible.
- If you have an appointment but are unable to attend, please reschedule or cancel as far in advance as possible (preferably a day prior).

How to Schedule an Appointment

You can schedule an appointment two ways:

by calling
(816) 521-5316 [Press 1], or
online at
patientportal.yourhealthstat.com
(if you have been web-enabled)

Patient Portal

The Patient Portal offers you easy and secure access to your medical information online so you can view your personal health record *anytime, anywhere*. With the patient portal, you can access:

- **Appointments:** Request, cancel and view upcoming appointments, and review 'After Visit Summaries' for previous appointments
- **Lab Results:** Access and view lab results
- **Medication:** Request prescription refills
- **Medical Records:** View your personal health record
- **Messages:** Send and receive secure messages with your provider

TIP! Visit <https://bit.ly/ISDClinic> for how-to videos on the 'Patient Portal' page.

How do I sign up?

While visiting the ISD Employee Health Clinic, ask to get signed up. All you need is an email address!

If you've already had an appointment and would like access, you can also call the Clinic to get signed up. Simply call (816) 521-5316 to get started.

Then check your email for an activation message and follow the link to securely log in and gain access to your Patient Portal account.