

Facts & Stats



Eye doctor visits can be expensive. From wellness care to significant incidents, vision insurance is a smart way to protect your eyesight and pocketbook.



11 million Americans over the age of 12 need vision correction.¹



1 gallon
of milk per week



Monthly
Netflix subscription
(standard plan)

Based on average costs at national retail chains²



Coffee Fix
1x per week,
medium cup

How it works

The plan is easy to use. When you go to a participating vision specialist, there are no claims to file. You don't even need an ID card.

Vision care services without a vision plan can be expensive. Out-of-pocket costs can add up fast. See how much you could save with MetLife Vision in this example.

Sample savings:

Vision Service ²	Cost without MetLife's Vision Plan	Cost with MetLife's Vision Plan	Savings ³
Eye Exam	\$140	\$10 (copay)	\$130
Glasses	N/A	\$25 (copay)	N/A
Frame	\$140	\$8	\$132
Lenses (Bifocal)	\$139	\$0	\$139
UV coating	\$23	\$0	\$23
Anti-Reflective Coating	\$106	\$69	\$37
Annual Premium ⁴	N/A	\$84	N/A
Total Cost of Services	\$548	\$196	\$352

See well.
Stay healthy.
Save more.



What you need to know about MetLife Vision:

- You save on exams, glasses, contact lenses, laser vision correction and more.⁵
- You can go to any licensed vision care specialist or choose from a large network of ophthalmologists, optometrists and opticians at private practices or retail locations like Costco® Optical, Walmart and Sam's Club, Visionworks and more.
- Get the style you want. Choose from classic styles to the latest designer frames — and select what's right for you and your budget.

1. Centers for Disease Control and Prevention, Keep an Eye on Your Vision Health. July 26, 2018. <https://www.cdc.gov/features/healthyvision/index.html>
2. Comparison is based on national averages and most commonly purchased brands.
3. These are sample savings only. Your actual savings by enrolling in the MetLife Vision Plan will depend on various factors, including plan premiums, number of visits by your family per year and the cost of services rendered. Be sure to review the enclosed Schedule of Benefits for your plan's specific benefits and other important details.
4. Based on employee-only rate for M130-10/25 standard plan design with employees nationwide.
5. Custom LASIK coverage only available using wavefront technology with the microkeratome surgical device. Other LASIK procedures may be performed at an additional cost to the member. Laser vision care discounts are only available from in-network contracted facilities.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY (MetLife). Certain claims and network administration services are provided through Vision Service Plan (VSP). VSP is not affiliated with Metropolitan Life Insurance Company or its affiliates. Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, reductions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife or your plan administrator for costs and complete details.

