



A MEDICAL PLAN CONCIERGE **SERVICE TO ASSIST YOU!**

HEALTHWATCH

NURSE NAVIGATOR

Group & Pension Administrators, Inc., is pleased to

provide our members with an assistance program called GPA Nurse Navigator. Below is a description of the program and examples of how it can help you utilize your health plan benefits.

THE GPA NURSE NAVIGATOR program of Nurses and Benefit Advocates are ready to assist you in identifying options for your medical care, providing benefit information, assisting with claims questions or delivering clinical education regarding your medical condition or treatment. For example, should you need to see a physician for a symptom you are having, but you do not know of a physician that could best treat that symptom, you can call GPA Nurse Navigator and they will help you locate a physician, schedule the appointment, gather previous medical records including testing and treatments already completed, and send them to the provider for your upcoming appointment. That way, when you arrive at the appointment, your physician will already be familiar with your treatment history and have the results of your laboratory tests or diagnostic studies. In addition, the Nurses will follow up with you after your appointment to be sure you were pleased with the provider and assist you with any question regarding the treatment plan your physician provided.

Contact your GPA Nurse Navigator program either by email or telephone utilizing the contact information below!

We Can Help!



Locate Provider Options for Medical Services





Schedule Appointments











Medication Coordination



Bilingual Staff Members are Available

Disclaimer: GPA Nurse Navigator^{5M} is brought to you by your employer and administered by Group & Pension Administrators, Inc. This program is offered at no cost to you as part of your health plan benefits. Your participation is voluntary with privacy, confidentiality and protection of your health information a priority for your employer and Group & Pension Administrators, Inc.

CONTACT YOUR NURSE NAVIGATOR TODAY!

LOCAL PHONE: 972.238.7900 (ask for Nurse Navigator) TOLL FREE PHONE: 800.843.6705 option 1 EMAIL: nursenavigator@gpatpa.com