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Medical	 BlueCross BlueShield of Kansas	COBRA	Complete COBRA Continuation Form that will be mailed to your home
Dental	 DELTA DENTAL	1. COBRA 2. Elect Individual Policy	1. Complete COBRA Continuation Form 2. https://deltadentalks.com/shop/plans
Vision	 VISION CARE DIRECT <i>The vision plan your eye doctor recommends™</i>	1. Extended Coverage Program 2. Elect Individual Policy	1. Wait for enrollment form in the mail 2. Complete Individual Enrollment form
Flexible Spending Account	 FLEX MADE Easy <small>An AMERILIFE Company</small>	Only available via COBRA with a positive balance	Speak with Smoky Valley District Office
Term Life with AD&D	 ONEAMERICA	Portability & Conversion available	Complete Portability or conversion forms within 30 days
Short-Term Disability	 ONEAMERICA	Not available for continuation. Benefit tied to district income	N/A
Cancer	 PROSPERITY LIFE GROUP	Continuation available at same premium for same benefits	Complete Continuation Form within 30 days
Accident	 MetLife	Continuation available at same premium for same benefits	Wait for enrollment form in the mail
Critical Illness	 MetLife	Continuation available at same premium for same benefits	Wait for enrollment form in the mail
Hospital Indemnity	 MetLife	Continuation available at same premium for same benefits	Wait for enrollment form in the mail
Permanent Life	 Trustmark <small>benefits beyond benefits</small>	Continuation available at same premium for same benefits	Complete Continuation Form within 30 days
Identity Theft Protection	 CYBERSCOUT <small>A Sontiq™ Brand</small>	Continuation available at same premium for same benefits	Call CyberScout at (877) 694-3367 to switch to direct pay via credit card.
Pre-Paid Legal	 MetLaw ®	Continuation available at same premium for same benefits	Call MetLaw at (800) 821 - 6400 to set up portable enrollment

Most forms referenced above are located on the Benefit Portal
<https://benefits-direct.com/smokyvalleyusd/>