



New in 2018!

The 7th Plan Option

Blue Select Plus Network + Spira Care Centers





What is Spira Care?

NOW AVAILABLE FOR 2018 COVERAGE

Spira Care is health insurance with a primary care clinic experience at no additional cost. It's a healthcare package designed for those seeking simplicity in navigating through their healthcare journey. In contrast to traditional plans, Spira Care provides the easiest imaginable access to a member-centered experience, so members can count on accessing care from a welcoming place without all the complexity.



A new approach to healthcare

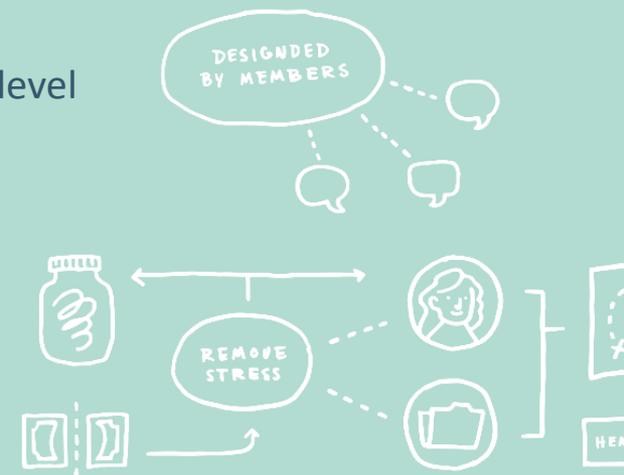
FROM THE NAME YOU KNOW AND TRUST

This innovative offering, developed by Blue Cross and Blue Shield of Kansas City, combines the convenience of no-additional cost primary care with all the benefits of a larger network. It's a new kind of experience that removes stress from your life instead of adding to it. Because getting treated for a backache shouldn't be a headache.

No deductibles, no copays*, no additional cost to members for any procedures at Spira Care.



*There are no additional costs for any procedure provided at Spira Care Centers, but for your convenience select prescriptions will be offered on-site at your regular co-pay level (\$15 for generics).



The Plan That Puts Care First

COMPREHENSIVE SERVICES



Routine
Preventative Care



Adult & Pediatric
Primary Care



Chronic Condition
Management



Behavioral Health
Services



Digital
X-Rays



Lab
Draws

CONVENIENT BENEFITS



Common Prescriptions
Filled On-Site*



Specialist Referrals
& Scheduling



Patient Wellness
Follow-Ups



Outside-of-Care
Center Support



Extended Full-
Service Hours



Access to A Healthier
You Platform

*There are no additional costs for any procedure provided at Spira Care Centers, but select generic prescriptions will be offered on-site at your regular co-pay level.

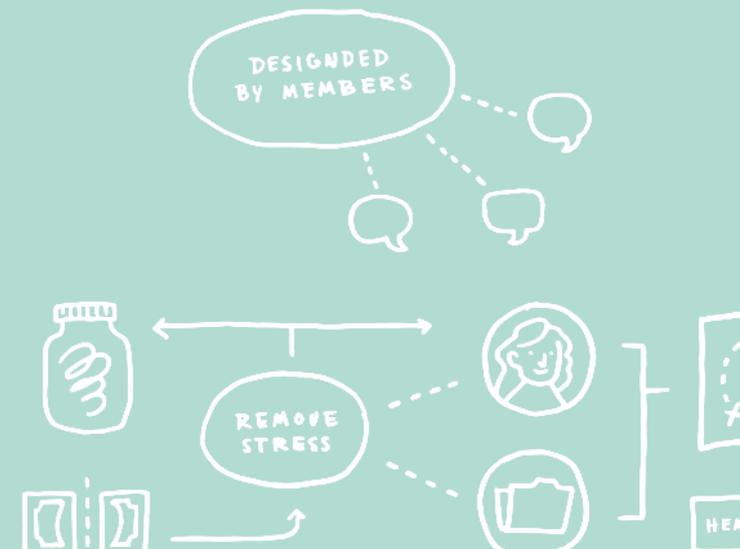
Care at every step.

In addition to our first-class nurses and doctors, as a Spira Care member, you'll also enjoy access to a team of Care Guides dedicated to simplifying your health journey.

When you have questions, they have answers. And if they don't, they won't stop until they find the information you need. They're real, live, local customer service specialists, many with nursing backgrounds that make them uniquely qualified to take the confusion out of healthcare. We call them Care Guides. You'll call them super helpful.

CARE GUIDES

- Understanding costs
- Coordinating care
- Explaining benefits



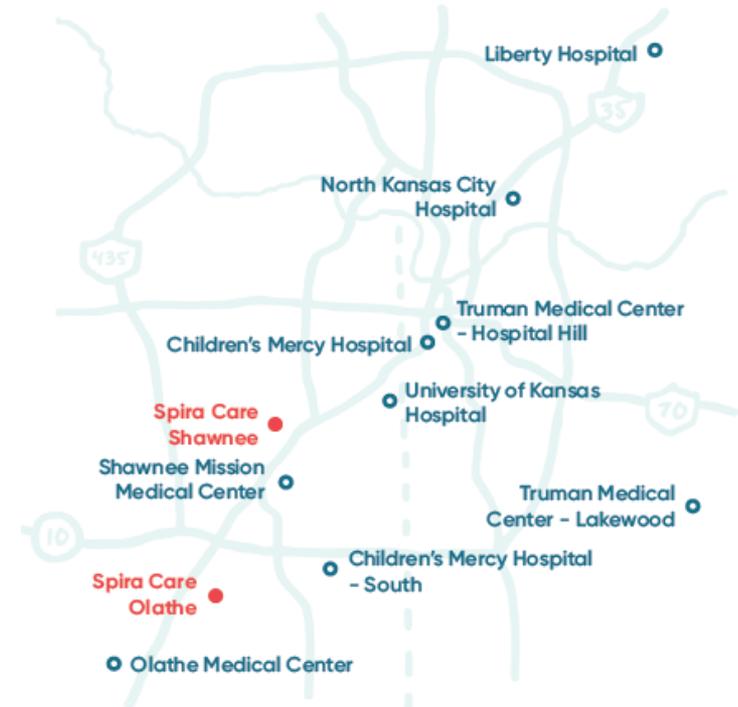
Extended Network

For needs outside of the Care Centers, you'll have **access to the BlueSelect Plus network within the Kansas City metro area.**

- Extended and weekend hours available at both Care Centers
- 3,000+ Physicians & Specialists
- 11,000 Access Points
- 9 Leading Hospitals
- Lower Overall Cost
- Higher Quality Care
- In and Out of Network ER Coverage
- Exclusive Provider Organization (EPO) insurance model.
 - Members must receive all care from in-network providers (BlueSelect Plus or BlueCard) except for emergency services.
 - Non-emergency services received out-of-network will not be covered.



Spira Care & BlueSelect Plus Network



Spira Care Shawnee

10824 Shawnee Mission Pkwy.
Shawnee, KS 66216

Spira Care Olathe

15710 W. 135th Street, Ste. 200
Olathe, KS 66062



Extended and weekend hours available at both Care Centers

SPIRA CARE – SHAWNEE (I-35 and Shawnee Mission Parkway)

108824 Shawnee Mission Parkway

Shawnee, KS 66216

Shawnee location hours:

M, T & F: 8am-5pm

W & TH: 8am-7:30pm

2nd & 4th SAT: 8am-noon

SPIRA CARE – OLATHE (135TH and Blackbob)

15710 W. 135th Street, Ste. 200

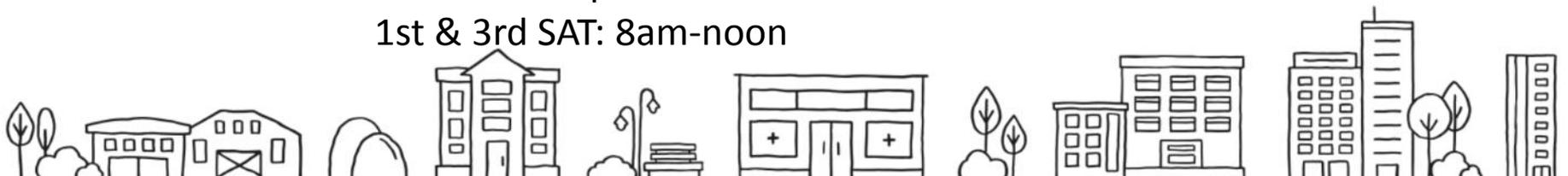
Olathe, KS 66062

Olathe location hours:

M & T: 8am-7:30pm

W - F: 8am-5pm

1st & 3rd SAT: 8am-noon



Plan design when receiving services outside of the Spira Care Center



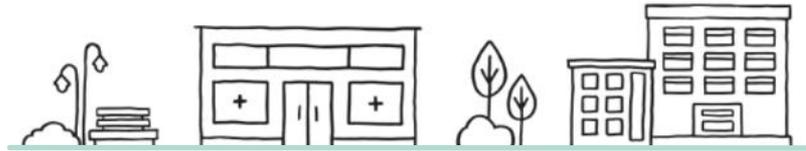
Deductible:	\$2,500 individual / \$5,000 family
Coinsurance:	100% after deductible is met
Rx Retail:	\$15 generic / \$50 brand / Deductible for non-preferred & specialty
Rx Mail Order:	\$15 generic / \$125 brand / Deductible for non-preferred & specialty
Out-of-pocket maximum:	\$2,500 individual / \$5,000 family

Blue Select Plus Network Providers

Blue Card Network Providers

Spira Care is an EPO (meaning no out of network coverage)

EPO (Exclusive Provider Organization) vs. a PPO (Preferred Provider Organization) which all of the other 6 plans are.



Is Spira Care a good option for me?





JAKE

Age: 22

Recently promoted

Feeling pressure at work

Since taking on greater responsibilities at work, Jake loves the fact that he doesn't have to worry about budgeting for his primary care services at Spira Care. He rarely needs care beyond regular doctor visits and occasional labs, and it's a weight off his shoulders knowing he'll never see a bill for any Care Center appointment.

He already has enough on his plate, so Jake takes advantage of meeting with his Spira Care behavioral therapist at no additional cost to make sure he is keeping his anxiety in check.

JAKE'S CARE At Care Center:

Adult Primary Care, Behavioral Health Services, Lab Draws





QUINN

Age: 35

Training for a marathon

Mother of two

Quinn receives ongoing well-woman care, training advice, nutrition recommendations and plenty of encouragement from her Care Team, all at no additional cost. Her family loves how welcome they feel during Care Center visits, and Quinn can rest easy knowing she won't pay extra for her daughter's step throat test or x-rays after her son's soccer injury.

She still has the option to take her son to his favorite pediatrician for his asthma care, and these visits would be applied towards a simple annual deductible. The convenience of the "no-additional cost" Care Centers combined with the flexibility of the BlueSelect Plus network makes Spira Care the ideal choice for Quinn and her family.

QUINN'S CARE

At Care Center:

Adult & Pediatric Primary Care, Specialist Referrals & Scheduling, Digital X-Rays





DAVE

Age: 58

**Recently
diagnosed
with cancer**

**Little
experience
with
insurance**

Dave has always been fairly healthy, so he has never had a reason to pay close attention to his health plan. However, a thyroid cancer diagnosis earlier this year has turned his world upside down. He currently has over 50 insurance claims, feels overwhelmed and confused, and has no idea what to do next.

With Spira Care, Dave's Care Guide will not only answer his questions regarding claims and benefits, but also help coordinate specialist care within the BlueSelect Plus network, as well as ongoing check-ups at the Care Center. Dave regularly meets with his primary care doctor at no additional cost, and all oncologist appointments are applied towards a simple annual deductible.

DAVE'S CARE
At Care Center:

Adult Primary Care, Specialist Referrals & Claims Management, Lab Draws



Frequently asked questions



How do I know if the combination of Spira Care and BlueSelect Plus is right for me?



What prescriptions are filled at Spira Care?



What about prescriptions that can't be filled at Spira Care?



Where can I go for urgent or emergency care outside of Care Center hours?

Frequently asked questions



I already have a primary care or pediatric physician I love. Can I still go there?



What happens if I go to a physician out-of-network?



When is Spira Care open? Are walk-in appointments available?



Are there plans to expand Spira Care and build new locations in the future?

Member Portals

MyBlueKC.com

- What Blue KC members currently use for all insurance needs including A Healthier You.

NEW Patient Portal

(coming December 2017)

- Used to schedule appointments, see lab results and more!



2018 Health Insurance Cost

SPIRA CARE (Blue Select Plus + 2 health care centers)			
Tier	Total Rate	USD 231 Cost	Employee Cost
Employee Only	\$ 483	\$ 514	\$0
Employee + Spouse	\$ 1,010	\$ 514	\$496
Employee + Child(ren)	\$ 953	\$ 514	\$439
Employee + Family	\$ 1,341	\$ 514	\$827

USD 231 will contribute \$514 per month to the cost of health insurance for full-time employees working 30+ hours per week. Employees working 20-29 hours per week may enroll and pay the full cost of coverage.