## EAP Firefighters and EMS Support





## **Firefighter / EMS Support**

- Fast track for firefighters/EMS in distress
- Bypass intake process during crisis
- Clinicians with specialized training
- 30 years of experience in First Responder support
- Critical Incident Response support and/ or partnership with department trauma response
- 17 different services available for firefighters/EMS and dependents
  - Counseling
  - Life Management (legal, career, health, financial, etc.)
- Service engagement and delivery options include in-person, phone, televideo, text, live chat
- Digital behavioral health platforms
  - MyPASEAP.com
  - My PAS App (iOS & Android)
  - Mindfulness and cognitive behavioral therapy platforms

## **Department Support**

- Peer support training
- Well-being check-ins
- Address negative performance
- Training Catalog with numerous offerings
- Trauma support
- For more information regarding services PAS can provide your department, email <u>client.services@paseap.com</u>

Personal Assistance Services Free & Confidential 24-hour support

> 800.356.0845 mypaseap.com